

**Embodiment Retreat Waiver**

The Currier Museum of Art  
Hamsa Yoga Living, LLC  
White Swan Yoga Studio

Name \_\_\_\_\_ DOB: \_\_\_\_\_  
Address \_\_\_\_\_ Town/State \_\_\_\_\_  
Email \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact/Phone \_\_\_\_\_ / \_\_\_\_\_

Do you have any physical limitations? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I, \_\_\_\_\_, agree I will be participating in an Embodiment Retreat offered by The Currier Museum of Art, Hamsa Yoga Living, LLC, and White Swan Yoga Studio, during which I will receive information and instruction on the practice of yoga. I understand that yoga requires physical exertion and may be strenuous and can cause physical injury. I hereby release The Currier Museum of Art, Hamsa Yoga Living, LLC, and White Swan Yoga Studio from and against any and all manner of liability/damages arising out of, or which may arise out of the attendance and participation of the undersigned in this retreat and all classes herein. I understand that it is my responsibility to consult with a physician prior to my participation in these classes and the retreat. I represent and warrant that at this time I am physically fit and have no medical condition that would prevent my full participation in yoga classes. I have read the above and fully understand its contents and voluntarily agree to the conditions. I hereby assume all of the risks of participating in this event, including any risk, accident, or loss that may arise due to my being on the premises or any activities related to this event.

Please print name \_\_\_\_\_  
Signed \_\_\_\_\_ Date \_\_\_\_\_

**Photography and Email Consent:**

Photographs may be taken at this event. Please sign below if you agree to be photographed and will allow your picture to be used for the purposes of print and web advertising by The Currier Museum of Art, Hamsa Yoga Living, LLC, and White Swan Yoga Studio. Your signature also gives consent to the aforementioned organizations to send you email notifications about our upcoming events.

Print Name \_\_\_\_\_  
Signed \_\_\_\_\_ Date \_\_\_\_\_