



Based on the book *Remy and Lulu* and this image from the collection, we will use paints to create our own portrait. Find a picture of a pet or person or grab a mirror to create a self-portrait!

For more information about this artwork click [here](#).

Helen Stein, *Self Portrait with Book*, not dated, gouache on rice paper, 7 3/8 in. x 5 7/8 in., Gift of Dr. George Steinberg.

Activity: Portrait Painting

Materials:

- Paper (or canvas)
- Paints (any kind you have or like, I used watercolor)
- Brushes
- pencil

Directions:

- Start with a picture of your chosen person or pet or grab a mirror to create a self-portrait. You can also ask someone you know to pose for you.
- Use your pencil to create a light sketch of your subject.
- Begin with light colors and build with shadows and highlights. Use the picture to identify shapes and help you to create forms.

Tips:

- Choose a subject that excites you and have fun with this.
- Build up tones to create the shapes that make up your subject.
- Start light and build up color, it's always easier to add than take away!

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