



Sometimes it is hard to get started in creating art. *The Dot* by Peter H. Reynolds is a great book about starting with a simple mark and seeing where it takes you.

Materials:

- Paper
- Drawing materials (colored pencils/markers/pencil/pen/watercolors)
 - Anything you have lying around the house

Directions:

- Choose your drawing material to start
- Make one dot on your paper with your drawing material
- Continue to add to your dot, maybe:
 - Add more dots
 - Make your dot grow
 - Swirl your dot
 - Create a pattern
- Let your dot lead you
- Don't forget to sign your artwork when you are done!

Tips:

- Have fun! Don't overthink
- Experiment with the different ways you can make dots
- Look around your house, where do you see dots? Can you draw them?
- What can you create with one dot? With many dots?

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