Based on the book, *I am Brave: A Little Book About Martin Luther King, Jr.* and this piece from the collection, we will be using pastels to create our own self-portrait.

For more information about this artwork click [here](#).

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**Activity:** I am, self-portrait

**Materials:**
- Paper
- Chalk pastels
- Mirror

**Directions:**
- Start by lightly sketching your form on the paper. Think about where you will have space to add text to your piece.
- If you’d like, add some color to your background.
- Add the words “I am” close to the top of your paper.
- Fill in the rest of the background with words that you would use to describe yourself.
- Use your mirror to add more details to your portrait. You can decide if you want to portray yourself in more realistic or cartoony style.

**Tips:**
- I use my hands to smudge and blend my pastels. If you do not want to get messy you can always use paper towels, Q-tips or a blending stick.
- Have fun with color and contrast to create a mood for your portrait.

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