This program is supported in part by a grant from New Hampshire Humanities
RULES OF ENGAGEMENT

- Be respectful and use respectful language.
- Share air time by keeping your remarks concise. This will allow everyone a chance to be heard.
- Be inclusive.
- Think critically.
- Take risks, be unpolished, make mistakes — then let go.
- Trust each other to go places we don’t anticipate.
- Speak for yourself. Don’t try to speak for “your group.”
- Allow everyone a chance to be heard.
- Be respectful and use respectful language.

Graham MacIndoe is a photographer who documented his own addiction through self-portraits that were exhibited at the National Galleries of Scotland. Arrested for drug possession in 2010, he completed a rehabilitation program in prison and has facilitated such topics as mental health, substance use, and accessibility to family systems and civic engagement. The spectrum of areas from agriculture, food systems, land access, addiction, and recovery about recovery and speaks often about depictions of addiction. He teaches photography at Parsons in New York, where he co-curated an exhibition of his work in 2010. He co-curated a rehabilitation program in prison and has been drug-free since his release. His research on addiction through self-portraits that were exhibited at the National Galleries of Scotland.

Cara Cargill (moderator) is a Carsey Fellow for New Hampshire Listens. She works as a facilitator and mediator covering a spectrum of areas from agriculture, food systems, land access, addiction, and recovery about recovery and speaks often about depictions of addiction. She has facilitated such topics as mental health, substance use, and accessibility to family systems and civic engagement. She listens. She works as a facilitator and mediator covering a spectrum of areas from agriculture, food systems, land access, addiction, and recovery about recovery and speaks often about depictions of addiction.
Eric Adams is Prevention Enforcement Treatment (PET) Officer with the Laconia Police Department. He works directly with individuals and their families suffering from substance use disorder as a support network, helping to navigate the barriers they face.

Mark Jenkins has worked in the field of harm reduction for the past eighteen years, currently in Hartford, Connecticut. He has worked in some of the most troubled neighborhoods in Connecticut which has given him a unique perspective on the history of drug trends, the dynamics of associated risks, and effective public health responses.

1. How does healing occur? What makes it possible?
2. How do we recognize need? How should we respond to people and communities in need?
3. Is health a private or public issue? An individual or social problem?
4. What role does empathy play in civics?
5. Can addiction be destigmatized?

QUESTIONS TO KEEP IN MIND
Resource List

This is not an exhaustive list.

Art of Hope at the Currier Museum of Art provides support for loved ones whose family members suffer from problematic substance use.
currier.org/the-art-of-hope/

Children’s Behavioral Health Collaborative is a multi-disciplinary initiative fixing barriers and improving behavioral health outcomes children, youth, and their families in New Hampshire. The Collaborative represents the largest ever collaboration of New Hampshire child and family organizations and agencies focused on mental health and substance use disorders for children, youth, and families nh4youth.org/

Granite Pathways is a community of hope, welcoming anyone impacted by mental illness and substance abuse. They support individuals with substance use disorders and mental illness in achieving their life goals as valued members of their community. granitepathwaysnh.org/

Hope for Recovery supports people impacted by addiction through lived experience on their path to well-being. Their main focus is to help people learn to get comfortable in their recovery utilizing a non-clinical peer-to-peer approach. www.hopefornhrecovery.org/

Families Sharing Without Shame is a meeting place for parents and other adult family members who have a child or loved one who are misusing or have misused drugs and or alcohol. parents.donna4support.com/

NAMI (National Alliance on Mental Illness) is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. www.nami.org/

NHTRemant.org lists treatment agencies and individual practitioners offering substance use disorder services, including evaluation, withdrawal management, outpatient counseling, residential treatment, recovery supports and other types of services. If you or someone you know is experiencing a substance use or addiction-related crisis, call 2-1-1.

Partnership for Drug-Free Kids and Center on Addiction is the only national nonprofit committed to supporting the whole family, addressing every aspect of substance use and addiction, from prevention to recovery. drugfree.org/

Recovery.org has an addiction treatment directory with more than 8,000 listings for facilities, recovery programs, and recovery resources across the United States.

Waypoint is an independent agency that provides a lifeline across the lifespan. The offer programs for early childhood and family support, homelessness youth continuum, and intervention and treatment. waypointnh.org/